

# ***RAUMATI BEACH SCHOOL***

21<sup>st</sup> July 2010

Dear Parents & Caregivers

## **KEEPING OURSELVES SAFE**

Beginning 9<sup>th</sup> August, students from Year 5 to Year 8 will be taking part in the **Keeping Ourselves Safe** programme. This unit will be taught in conjunction with the classroom teacher and Senior Constable Ian Browne, who is the Police Education Officer.

The Year 7 & 8 programme ("Standing Up for Myself") begins on Monday 9<sup>th</sup> August. The Year 5 and 6 programme ("Getting Help") begins Monday 30<sup>th</sup> August. Both of these programmes promote personal safety.

**Keeping Ourselves Safe** has been designed to provide students with the skills to cope in situations which might involve abuse.

It has three overall aims:

- To develop and strengthen skills students need to keep themselves safe;
- To support and encourage at risk students to get help from caring adults;
- To make parents and teachers more aware of the need to continue to keep our children safe

Both programmes have been developed by the NZ Police.

The **KOS** programme helps us meet the requirements under the National Education Guidelines to provide a safe physical and emotional environment for students.

The General objectives for both programmes are attached as well as other supporting information.

If you would like to view the course booklet, please contact your child's classroom teacher and they will be happy to arrange for you to see the information.

Constable Browne is also happy to meet with you and discuss the programme. He can be contacted via the school office.

*If you do not wish for your child to take part in KOS. Please write to me requesting that your child be withdrawn from these sessions.*

Mike Farrelly  
Principal